

Hello my name is Jiří Šimek ( [Ufftenživot theater company](#)) here is basic info about my offer:

### ***Don`t be afraid Or the Dancer Jiřík`s show***

Physical improvisation. A ONEMANSHOW - literally. Dancer Jiřík. Nothing is certain, just carpet on the floor and spectators around. Dance, movement, acting and poetry are united threw the performer, who is at the same time sound and light operator. What can a performance be about? - 7 years of work in one hour? 27 years in one hour? A complex thought process leading to a climax? If you are not afraid, you can make a theme proposal. Naked man. Naked brain. A poem. Movement. There is no time to judge. The time of not judging is coming. Instinct. Improvisation so close to the spectator as it can be.

“During preparations of this improvisation I tried to make of myself an apparatus for destilation, that destilate itself in something new and concrete - a performance. There is a finality of my body in connection with infinity of my mind that are preserving this improvisation from chaos.” - Dancer Jiřík

Video of Performance - <https://vimeo.com/297879380/4df51828a2> - important note - Every piece is different so consider this as one possible version of it... what is happening on stage is defined by net of (more or less fix) strategies, philosophical platforms (that are changing from piece to piece), relationship between dancer and audience, dancer's body and his ability to move, dance talk and reacting on inner and outer inputs - that means that performance could teoretically have 3 hours or days or 10 or 20minutes (we can imagine also 10 min of performance and 10 min of “discusion” if you need this timing). Doesn't really matter.

The performance is for 15-20 spectators and it is played normally 2 times in one evening. Spectators of first round can also stay for the other round. Every performance is 90 % improvisation and 10% prepared structure.

If you would decide to “Let us in” than we can design the format of the show together. Only thing that is mandatory is calm place with electricity and at least small speaker.

Author of scenographic and technical setting: Jiří Šimek

Author and performer: Dancer Jiřík (Jiří Šimek)

Lenght: 45 min (30 min of dancing which unnoticeably transforms into “discussion” which we consider as a part of the piece)

*This performance wasn` t financially supported by anyone. Cross Attic offered a place and time to rehearse, and we are very glad, pleased and honored being part of Cross Attic residency programme, without this it would be very hard for us to make this happen.*

**Premiere 28.10.2018 Cross Attic**

Next shows will be 21.3. On festival (<https://zizkovskanoc.net/artists.php> - this will be special apartment version in bedroom of one girl that lives in Prague.

24.4. in amazing space Prostor39 also in prague - <https://prostor39.cz/>.

In may we are preparing another Apartment version but in different place...

Technical side of the performance (sound and light design) is designed in a way that it can be setup everywhere. Various shows are touring the world, flying, doing big spectacular things - and we think that it is not good during climate crisis... Dancer Jiřík's show is small and intimate and is touring only places that are close enough to go by train let`s say... Current tour is going on only in Prague for now.

This is our ENG web presentation with our current and previous projects and also with general info about our company - [Ufftenživot / Don't be afraid - Presentation](#)

Here is link for our previous work [KEEP CALM](#) - <https://vimeo.com/239458453/319a2494f5>

About Artist - [Jiří Šimek](#)

Here is [PDF file](#) with our previous work

Don't be afraid [Photos](#)

And there is special recommendation from Director of [Cross Attic theater](#) and [Pralin Initiativ](#).

## Nina Špitálníková

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09th March 2019

### Jiří Šimek - Ufftenživot: Neboj\_ (Don't Be Afraid)

Performance by Jiří Šimek was developed within one year residency in Cross Attic - venue for independent performing arts that focuses on emerging both local and international professional artists and help them develop properly their projects. Besides that Cross Attic works as a platform for networking and creating transnational projects. Latest project PRALIN (bridging the independent scene of Prague and Berlin) is developed with Performing Arts Programm Berlin.

All our activities tend to give necessary support to artists and help them establish on the local scene and also internationally.

Jiří Šimek is one of the highlighted artists that appeared on the Prague scene. With his approach and ideas he brings fresh and extraordinary topics and aesthetics that we think have a huge potential in reaching international audience.

In his solo Neboj\_ (Don't Be Afraid) he interacts with audience through different improvisation patterns and scenarios that goes far beyond the classical way of improv tradition. His innovative approach combined with experimental thinking about a shared space & time and high level of performative craft creates a show that is demanding, progressive and inspiring.

Petr Dlouhý  
&  
Nina Špitálníková

